



FIRST AID IN THE PACIFIC

In partnership with Sir Brian Bell Foundation

WHAT IS FIRST AID?

First aid is the help given to someone who is injured or ill to keep them safe and to cause no further harm. The role of a first aider is to give someone this help.

THE FIRST AIMS OF FIRST AID ARE:

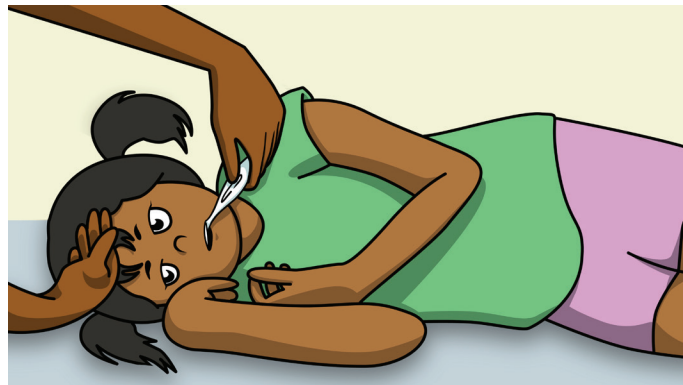
- Preserve life
- Prevent illness or injury from becoming worse
- Relieve pain, if possible
- Promote recovery
- Protect the unconscious

All information provided is from St John Ambulance in partnership with Sir Brian Bell Foundation Papua New Guinea

FEBRILE SEIZURES

SIGNS AND SYMPTOMS

- High temperature or fever
- Muscle stiffening
- Eyes rolling up
- Blue face, blue lips
- Unresponsive



WHAT YOU SHOULD DO:

During the convulsion

1. DRSABC.
2. Place the child into recovery position. Febrile seizures occur in children from 6 months - 5 years old.
3. Protect them from hurting themselves by using pillows or rolled up towels or clothes.

After the convulsion

1. DRSABC.
2. Place in the recovery position.
3. Remove excess clothing.
4. Confirm an ambulance is on its way.

WHAT YOU SHOULD NOT DO:

- ❌ **Do not** hold the child close to your body. This generates more heat and increases the child's temperature.
- ❌ **Do not** cool child down with ice or cold water. This could shock the child.